



2023 March 21-25 - YOLO BUT MOLLO MOBILITY TO ROVATO

# YOLO BUT MOLLO MOBILITY TO ROVATO

The official Newsletter of the Erasmus+ project KA201 YOLO BUT MOLLO



From March 21st to March 26th the *YOLO but MOLLO* teams met in Rovato for an unforgettable Learning Teaching Training Activity with the aim of experimenting the Art of Debating and the possibility of Stopping Violence while building Friendship with Art and Sport.

The YOLO teams got to Rovato from the Czech Republic, Romania, Turkey, the Republic of North Macedonia and Martinique and were welcomed by the Italian team.

The French coordinator and all the teams enjoyed mild sunny days while visiting Brescia, Milan and Venice; had a delicious international lunch at school; tried pasta and traditional meals in local restaurants; had a pizza lab in Rovato; learned how Franciacorta satin is made in a wine cellar. Moreover, they learnt and practiced the Art of Debating, they put emotions in coloured paintings before creating an Art exhibition and challenged one another in Olympic races while busy on an adventurous treasure hunt on top of the Medieval Castle in Brescia.

The friendship they could build with Art and Sport made some tears shine in their eyes while saying goodbyes and dreaming of some other meeting, maybe during the summer holidays.

*The third number of our YOLO but MOLLO newsletter*

**A REPORT ON THE THIRD  
STUDENT MOBILITY OF THE  
ERASMUS+ YOLO BUT  
MOLLO PROJECT**

**FIND  
THE MOBILITY JOURNAL  
STUDENTS' TESTIMONIALS  
OUR MULTICULTURAL  
LUNCH  
THE OFFICIAL THINGLINK**

# The Mobility Journal



## Monday 20th

On Monday 20th March the Italian team was impatiently waiting for the YOLO students to arrive in Italy. While the Turkish team was landing in Milan, the Romanian, Martinican and Macedonian teams were landing in Bergamo, the Czech team was reaching Brescia by bus. Since no activity was planned for the arrival day, the teams could take a brief tour of the frenetic Brescia and discover its beautiful squares, restaurants and shops.

## Tuesday 21st

The activities started on Tuesday 21st at IIS Gigli in Rovato, with the Italian team welcoming our hosts and school principal Mr. Davide Uboldi giving a speech. Then, ice-breaking activities followed and between one game and the other it was time to reach the Rovato Town Hall for an official welcome and a visit to the municipality. Once back to school, we had a presentation of the teams and a selfie challenge to make students discover the school. For lunch we experienced a gastronomic journey with the multicultural lunch: we could taste typical delicacies from each country. After lunch, we led a visit to Brescia and guided the students on an organized tour of the major sites of interest in the city. Finally, for dinner, all the teams had a typical local meal in a restaurant in the city center.



## Wednesday 22th

On Wednesday 22nd, a trip to Milan was scheduled. An art teacher from Gigli Institute led a guided tour of the city which gave the students the opportunity to find out curious secrets about Milan and its buildings. Duomo Square and Galleria Vittorio Emanuele were crowded with tourists taking pictures and so did the YOLO students. Thanks to the warm weather and the amazing company, we could feel like it was a summer day of vacation.

# The Mobility Journal



## Thursday 23th

If Milan impressed our hosts, Venice left them astonished. We visited the city on Thursday but one day wasn't enough to fully appreciate its splendor. The visit proceeded at a slow pace because in every corner of Venice there was something to take a picture of.

To farewell the city we took the water bus: we enjoyed a last view of the city from a distance and felt small in front of the buildings next to which we walked minutes before.



## Friday 24th

On Friday the 24th, we met in the school library, where the Italian students gave a presentation about debating. Mrs. Giordano, the English mother tongue teacher working at Gigli, coordinated the activity together with the Italian team. After dividing the students into groups and giving them a role and a topic, the debate began. Everyone did their job and a brief feedback showed that the majority of the participants changed their minds about certain subjects of discussion, as it is the aim of a debate. After that, students met in the art laboratory to complete another task: choose an emotion and draw how they felt it. Out of this art lab, we saw the teens' different outlooks on life and how amazingly similar they were to each other despite their cultural diversity.

In the afternoon the teams could experience a pizza lab and a visit to Franciacorta Boccadoro winery, followed by a walk and shopping at Franciacorta Outlet Village.

In the evening we met in Brescia for the farewell party and the official ceremony for handing the certificates to all of those who attended the mobility.



## Saturday 25th

On Saturday morning the teams competed in Olympic races: a treasure hunt was organized on top of Brescia's Medieval Castle. While exploring the building we could consolidate our friendship by maturing a spirit of cooperation and mutual help.



## THE ART OF DEBATING:

*Here some photos from the morning!*

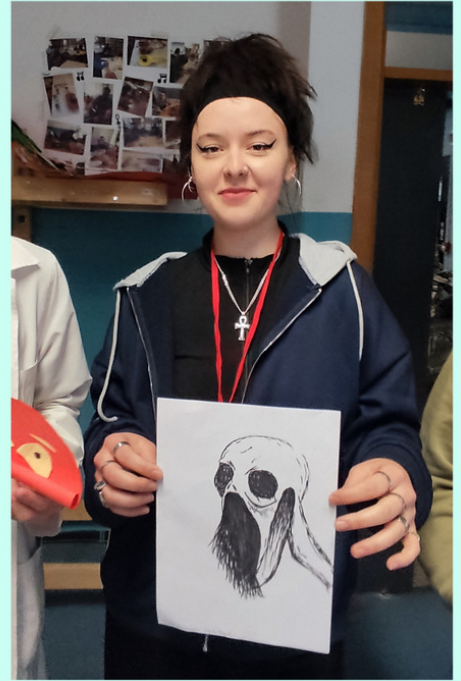


Italian students Sofia and Giorgia explaining to everybody what a debate is with an effective and suggestive presentation. Students discussing the following topics: "Books are better than e-books", "Are children's rights respected?", "Is gender equality reached in the world?" Students judges discussing the winners of the debate. Mrs. Giordano introducing herself and giving a speech about debate.



# DRAW YOUR EMOTIONS!

*Here some photos from the art exhibition!*



Students giving vent to their fantasy in the art lab,  
to show how you can stop violence and build  
friendship with Art.

# TRESURE HUNT AND OLYMPIC RACES!

*Here some photos taken during our group hunting!*



Students met at Brescia's castle, where the Italian teachers organised a tresure hunt, which consisted in running around the castle to look for information.



## Students' testimonials



### **Martina**

I feel lucky to have had the opportunity to participate in three different Erasmus adventures; however, this third one was different from the previous two: it was Italy's turn to host the YOLO teams. Therefore, we experienced mobility from a different perspective, with diverse responsibilities. Even though it was the first time for the Italian team to get into the game, we took the challenge and tried our best to give our hosts a pleasant stay. This new position helped me to have a clearer idea about my plan of working in the educational tourism sector. And besides, it helped me open up to people with whom I've created such deep bonds.

I'll be forever grateful to my teachers, who trusted in me and let me be part of such a complete experience, and to my travel buddies, who taught me to look at the world with different eyes.



### **Erasmus Club at Gigli**

We enjoyed the experience in the Erasmus, we loved meeting new people and talking to them. We also had a really good time visiting Milan, Venice and all of the activities like at the castle of Brescia. We're glad we could be part of this wonderful experience and we hope to meet many other people in the future in the Erasmus club.

(Ines, Giorgia)

It was a fantastic experience, from the Erasmus club afternoon project to the trip to Milan. We also really enjoyed it because these experiences are usually reserved for older students and it was nice to meet people from other countries and talk to them! (Francesco, Giulia)

### **Mrs Bettini**

What can I say: I am GRATEFUL

I'm **G**rateful for Maria Luisa who entered the project and asked me to coordinate it;

I'm **g**Rateful for Mr Uboldi who supported us throughout the project;

I'm **gr**Ateful for clerks, teachers and personnel at Gigli who cooperated for the welcoming activities;

I'm **gra**Teful for Cristina: a friendly and reliable travel mate;

I'm **grat**Eful for Maria who plunged head to toe into the project;

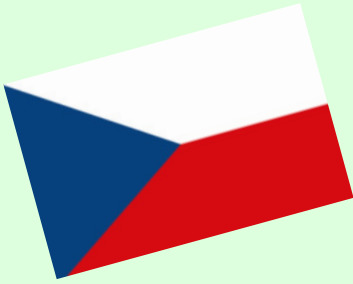
I'm **grate**Ful for Karin, Lavinia, Serkan and all the YOLO teachers who welcomed and guided us;

I'm **gratefu**I for Alex, Chiara, Giorgia, Martina and Sofia who passionately devoted themselves to make the most of it;

I'm **gratefu**L for Alessandro, Federico, Marco, Sofia, Stefano, Giorgia, Ines, Giulia, Francesco and all the students in the YOLO project who opened their eyes, their ears, their minds and their souls to friendship.

I'm **G R A T E F U L** for Erasmus that gave us the chance to live this unforgettable experience!

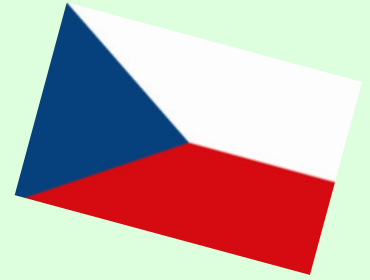




## Students' testimonials

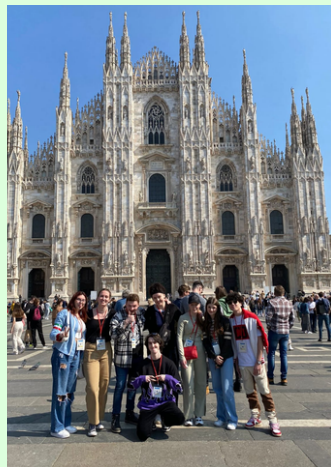


## CZECH REPUBLIC



### Lukáš

When I think of the Erasmus project, I don't expect it to be a simple trip to a country, but as a life-changing experience that will help me create new happy memories that I will remember for the rest of my life. In just seven days, I was able to make new friendships, learn new words from all over the world (even the rude ones), visit new places I never had a chance to see in my life, and just be able to live these moments happily.



### Viktoria

My first, but the most memorable mobility with Erasmus+. I could have never thought that I could get used to the environment that much in such a short amount of time. I'm usually the one who begs parents not let her stay anywhere, but this wasn't the case. I wanted to stay. I wanted to get to know the people even better, try even more traditional dishes, do even more sightseeing and get even more lessons of the most used Italian phrases that I will definitely be using a lot even in the Czech Republic. I really appreciate the opportunity and hospitality of Italians, you welcomed us with open arms and made us feel like home and that is something I will never forget.

### Šárka

I was part of just one erasmus yet, but it was the best experience I have ever had. I have met so many amazing people whom I can call real friends. I would do anything to come back and spend more time with them. We told each other about proverbs from our country, I learned so many words in different languages and also we experienced beautiful memories we can't ever forget. I'm more than grateful that I could have been part of this amazing project and I would take every opportunity to experience this again. What I also enjoyed was visiting the most beautiful places in Italy, we tasted their wonderful food and we saw how pizza is made. Thank you all for such an amazing week.





## Students' testimonials



TURKEY



### Ulaş

From day one I was in love with the efforts of the Italian team.

Throughout the following days they were always helpful, sincere, friendly and lovely to us. The debate event was so much fun, and I really liked to be a part of it.

Tours to Milan and Venice were magnificent. All that history, atmosphere and culture were perfect. So, all I can say is, it was perfect, I couldn't feel at home more than that. They were all unique people, I really am glad to meet with all of them and if only we had another week.



### Emirhan

After the project, I can say that this week was the greatest week I ever have had as an Erasmus Project. Especially Italian people were really welcoming and warm-blooded, I really enjoyed it.

We have traveled a lot. Every day was full of fullness. The planning was really great. After the activities, we also had fun all together. It was an international meeting by hour and hour. This week was kind of the best and the most affective week I ever had. I improved my confidence and ability to speak to people.



### Mehmet

In this Erasmus Project I learned and experienced a lot of things but I think the most important one was the Italian people.

Thanks to this project I learned and saw a lot of things about Italians.

Like their culture, behaviors and habits. It was a good opportunity to see a culture with my own eyes. And also going to Milan and Venice was a magnificent experience and opportunity too. Thank you Erasmus+.



## Students' testimonials



### MACEDONIA



#### **Ivan**

I had a great time in Italy. I met a lot of new people and I learned about their cultures and way of living. I made new friends and I hope to see them again. I learned more about Erasmus+ projects, bullying and discrimination and I enjoyed exploring the beautiful cities of Italy.



#### **Dimitar**

For this Erasmus project I was so satisfied. I really developed my communication skills and learned something about different cultures, religions, laws... I would like to go on another Erasmus project again. Thank you for this amazing adventure. See you soon.

#### **Bozhidar**

This was my first Erasmus trip and it was an unforgettable experience. The joy there, new friendships, new experiences... It was perfect. I shared it with my friends and I can't wait to participate to the project again.



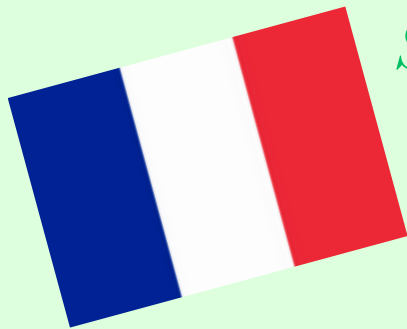
#### **Leo**

Thanks to the Erasmus project, I went to Italy and I stayed in the city of Brescia. I had a great time and met many friends from different countries. It was wonderful there. Every Erasmus trip has its own experience. I hope to take part in another project like this.

#### **Jordan**

Going to Italy was one of the best experiences in my life. The food was excellent and the people in Italy were very polite. It was incredible seeing Brescia, Milano, Rovato and Venice. The organization from the hosts was exceptional and the students from every country were amazing.

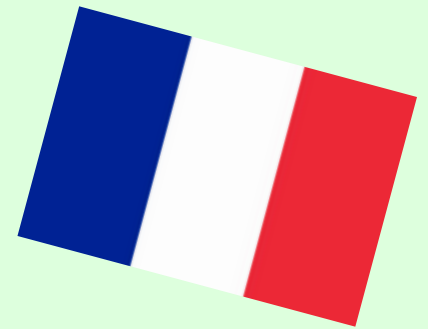




## Students' testimonials



## MARTINIQUE



### Emilie

With this mobility, I was able to discover Italian culture that I didn't know. I learned more about the latter thanks to wonderful activities such as the art of debating and the visit to Venice. Themes of debating such as children's rights were mentioned. I came away very satisfied. A big thanks to all the coordinators and the other students of the program for making this week unforgettable. Thank you so much.



### Stessy

A lot of people recommended Erasmus to me and I was really hesitant about it because I was so scared of traveling and meeting people I don't know but actually Erasmus was a great experience and I would definitely do it again. Discovering new cultures, learning new things and meeting new people was definitely amazing. I'm definitely very happy and grateful for this





## Students' testimonials



ROMANIA



### Alexandra

I can't describe the feelings that I felt during this mobility. The Erasmus project is a life-changer for all of us. Being my first mobility I was so nervous but I want to say honestly THANK YOU to everyone who took part in this project - teachers and students - for the professionalism, the kindness with which they received us and also for this wonderful experience that I will keep in my heart forever. Yeah unfortunately the mobility has ended but I feel my knowledge has grown both on the didactic and cultural side and I am feeling more confident about myself and what I can do. In this project I overstepped my bounds speaking in public but I can say it was somehow funny. I hope that more and more people will join this type of project because it is a must do in everyone's life who will develop them in any way possible. After this experience I won many beautiful friendships and memories that will remain in my life forever! Erasmus is not only a way to travel to different countries, furthermore is an opportunity to meet new people with completely different customs from ours, in order to open our minds.



### Nicolas

After my first mobility with Erasmus, I can say that it was the best experience of my life. I met a lot of people from different countries, plus I developed my ability to speak a foreign language more easily. This experience was unique and I recommend it further. Erasmus projects are a chance you cannot miss. Thanks again Erasmus.



### Maria

The Erasmus experience was the coolest in my life. I met many cool people and I developed my ability to speak with strangers and in a foreign language, and above all I realized that the world is big and that we represent very little of it and we have to live our lives to the fullest (as they say: you only live once). Probably the best part of this project is the people you meet and you make friends with them. I am extremely grateful to have been part of this project and I hope to have this opportunity again.

# *Curious about the multicultural lunch?*



## *What else...*



Follow us on Instagram @yolo\_but\_mollo.ita

**ENJOY OUR THINGLINK!**



**We are grateful to Erasmus+, Mrs Provezza and IIS Gigli  
for this amazing opportunity!**

**Mrs Bettini, Mrs Paderno, Alex, Martina, Sofia, Chiara and Giorgia**